



**CHC NYS** DEFINING NEW DIRECTIONS

Community Health Care Association of New York State [www.chcanys.org](http://www.chcanys.org)



# Team-Based Care 101

**Diabetes and Cardiovascular Disease  
Prevention and Control Project**

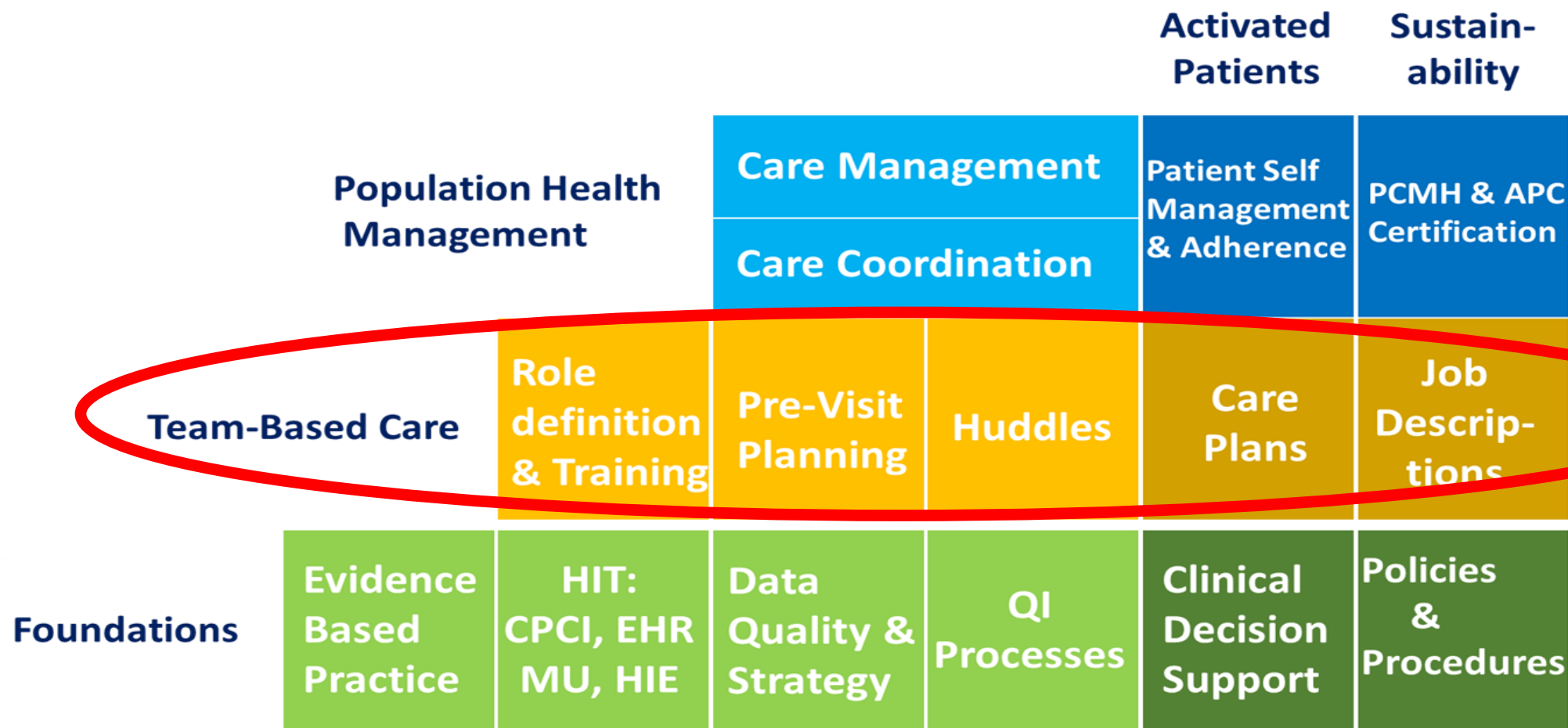
**Tuesday, November 19<sup>th</sup>, 2019  
12:00-1:30 p.m.**

# Objectives

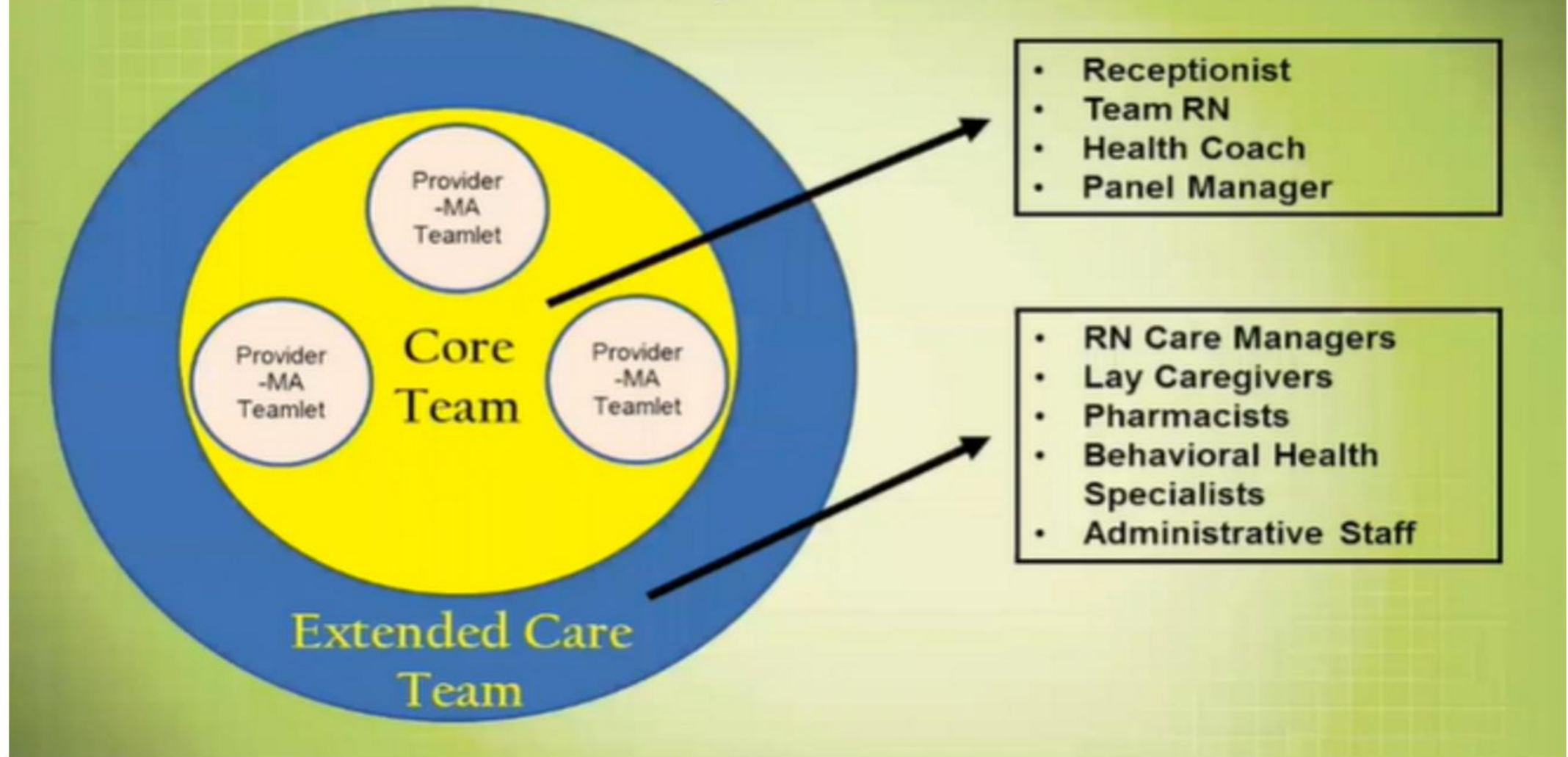
- Define team-based care
- Review team-based care attributes for the team and patient care
- Review the tools that make team-based care seamless
- Identify roles and responsibilities for your core team members (ie MA and LPN)



# The Building Blocks of Team-Based Care



# Primary Care Team



# Why?



When things don't fit in our day, it's tempting to "pass the buck" and assume a co-worker will take care of it. But often that does not happen.

# Types of Huddles

Huddle Type	Issues Addressed	Frequency
<b>Administrative</b>	Who is here today?	Daily
	What's the day look like and what should I be prepared for?	
<b>Clinical</b>	Address gaps in care for patients being seen today to receive care.	Twice a Day
	Avoid duplicated work.	
<b>Case Review</b>	Address gaps in care for patients not seen today not receiving care.	As Needed

# What Does Team-Based Care Look Like?

## Pre-Visit Planning Process and Care Team Huddle



# Discussion!

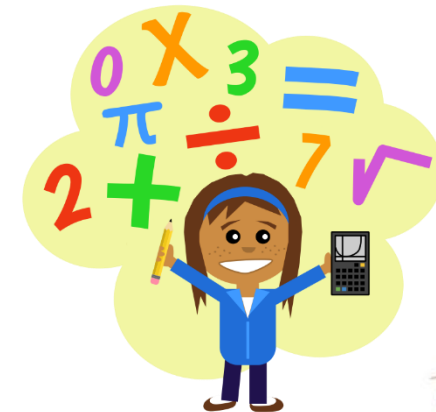




# The Value of Using a Pre-Visit Planning Report

**Facilitates more efficient pre-visit planning sessions by allowing care teams to review alerts for patients with upcoming appointments**

- Does the work MAs/ LPNs already do manually, using EHR data and electronic calculation of alerts
- Displays **only** relevant and actionable items to help teams prepare for visits
- Displays active diagnoses and relevant risk factors



# Roles & Tasks for the Pre-Visit Planning Report

8:45 AM | Tuesday June 20, 2017

Visit Reason: Back Pain

BROWN, JAMES  
MRN: 1984091

DOB: 01/11/1941  
Age: 76

Sex at Birth: M  
Risk: High

Phone: 413-207-7012  
Language: English

## Diagnoses

DM HTN

## Risk Factors

TOB BMI

Alert	Message	Most Recent Date	Most Recent Result
● A1c	Out of Range	11/03/2016	10.1
● BP	Out of Range	11/03/2016	155/92
● Depr Scrn	Overdue	01/24/2014	
▲ Pneumo Imm	Missing		
● Foot Exam	Overdue	11/03/2016	
Nephropathy	Overdue	11/03/2016	
LDL	Overdue	11/03/2016	

# Pre-Visit Planning: Team Roles Defined

Role	Tasks
Front desk	1) Runs CPCI PVP report for walk-ins daily
MA/LPN	1) Runs PVP report daily 2) Leads the huddle 3) Identifies missing data for DI or lab tests 4) Assists provider with completing alerts for patients, supported by standing orders*
RN/Case Manager/BH/Health Educator	1) Attends huddle when possible to identify pts in need of addt'l services, in need of being seen F2F or f/u by phone 2) Shares any special patient circumstances
Provider	1) Delegates tasks to team members 2) Ensures huddles are happening

# Team-Based Care 101: Cornerstone Family Healthcare

Presented by:

Charyto Sanchez, Assistant Director of Quality Improvement

# IM Team & Roles/Responsibilities

## ▶ 2 clinicians: MD and NP

- participates in morning care team huddle
- review & finalizes care plan w/ patient & orders labs/medications/bp machine
- reviews BP & IDs if additional readings needed
- links to ancillary services & “warm hand-off” completed when available i.e. health education, care coordination

## 2 MAs & 1 LPN

- prepares PVP w/ clinician either day before or morning of & participates in morning care team huddle
- completes intake i.e. vital signs, chief complaint
- initiates care plan w/ patient to develop goals & targets related to chronic condition(s)
- IDs barriers i.e. transportation, language, insurance, financial, social support, literacy
  - \*when barriers ID’ed resources are provided i.e. handouts, coordinating appointments, referrals
- completes “exit process” i.e. coordinates f/u, reinforces education r/t medication(s) & TX plan, confirms pharmacy & if bp machine is needed
- dedicated MA conducts f/u to cohort to insure f/u is scheduled, obtains home bp readings, completes recommended labs prior visit, has understanding of d/c instructions & medications

## ▶ Project Leads: MD (Clinician Champion), RN (Lead for Primary & Preventative Services), LPN (Clinical Coordinator)

- oversees PVP process completed on daily basis
- participates in CHCANYS meetings r/t project
- meets w/ care team & QI to discuss barriers & successes r/t project
- sets goals & targets for care team

# How is PVP Done & How Does it Help?

- ▶ Utilize Azara to run daily report
- ▶ Reviews EMR chart to ID: care plan update, refills on meds, outstanding labs & radiology, open referrals, missing reports i.e. hospital records, consults, preventative screenings needed i.e. cancer screenings, vaccinations, physical
- ▶ HTN cohort is reflected on PVP banner

3:00 PM [Redacted] Visit Reason: [Redacted]

MRN: [Redacted]	Sex at Birth: <input checked="" type="checkbox"/>	Phone: [Redacted]	Last Well Visit: [Redacted]	PCP: [Redacted]
DOB: [Redacted]	GI: [Redacted]	Language: [Redacted]	Portal Access: N	Payer: [Redacted]
	SO: [Redacted]	Risk: High (7.33)	Cohorts: 2019 CHCANYS HTN	Care Manager: [Redacted]
	[Redacted]		Collaborative-Benton IM [Redacted]	

- ▶ Information drives conversation between MA/LPN & clinician to focus on what priorities are for visit

# What Does Care Plan Consist Of?

Summary: Care Plan << Orders Medications Problems + Medication + Problem

Interactions: ⚠️

Forms Text

Forms Add...

CFH Care Plan

Reviewed, no changes required  Written Care Plan provided to patient Show Previous New Goals

This is a treatment plan for: [dropdown] Target Date: [calendar]

I will work on: [dropdown] Completion Date: [calendar]

I will do this to reach my goal: [dropdown]

I will use this to reach my goal: [dropdown] (Provided to patient today)

Potential Barriers: Resolution:

None

Uncontrolled chronic condition

Lack of Transportation

Financial barriers

Lack of Housing

No Insurance/ Insurance Limitations

Lack of Support

Access to Healthy Food

Low Literacy/ Teaching Needed

Substance/Alcohol Use

Fear of being judged

BH not accepted in culture

Negative effects of medication

Possible BH conditions

Other

Warm handoff to CFR

Prepare for discussion at next visit

Harm reduction techniques discussed

Referral or warm handoff to Care Manager

Recommendation to join a support group

Community Resources handout given

Enabling handout provided

Financial barriers discussed with provider

Enabling Department referral or warm handoff

Referral or warm handoff to Care Manager

Enabling handout provided

Enabling Dept warm handoff

Financial barriers discussed with provider

Medication Support Application completed

Documents

Edit Sign Append Route Organize Link

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### Care Plan

**First Care Plan**

This is a treatment plan for: Reduce blood pressure to less than 140/90

I will work on: Hypertensive Lifestyle Modification

I will do this to reach my goal: I will limit my salt intake

I will use this to reach my goal: Medication Instructions

**Second Care Plan**

This is a treatment plan for: Reduce blood pressure to less than 140/90

I will work on: Hypertensive Diet Modification

I will do this to reach my goal: I will follow the DASH diet

I will use this to reach my goal: Follow DASH diet

# Priority Goals for Cohort

## ▶ At every visit:

- \*Comprehensive care plan completed or reviewed at every visit to ID goals & current barriers r/t to condition(s)
- \*At least 2 bp readings completed
- \*Insuring health education referral in place & “warm hand-off” completed if educator available
- \*Reconciling medications & labs
- \*Documenting bp log in EHR or scanning copy of log book in chart
- \*Offer resources that can help improve condition(s) i.e. health education, care coordination, enabling services

## ➤ On a monthly basis:

- \*Updated Azara report is run to indicate current performance
- \*Reviews charts & conducts telephonic outreach to provide patient reminders for appointments, labs, d/c instructions, medications, obtain bp readings, reinforces education
- \*Communicates w/ clinician to coordinate care, change medications, share bp readings & identified barriers



# Long-Term Goals

- ▶ Encourage patients to be part of their care planning process  
*Pick a Goal, Take Control*
- ▶ Streamline communication between clinical & operational team members
- ▶ Fortify relationships w/ internal resources & establish rapport w/ community partners i.e. YMCA, ShopRite Nutritionist, CFH & Community Farm Stands, DOH, American Heart Association
- ▶ Utilize risk stratification to ID individuals needing higher levels of care or resources

## HTN: Controlling BP

**Baseline Data**      **TY July 2019: 66%**  
2019 Goal: 72%  
2020 Goal: 75%



# Guidelines for Effective Team-Based Care

1. Determine what role is **best suited** to perform each responsibility
2. **Equal distribution** of tasks across team members
3. Team members **know their responsibilities**
4. Team members **know each other's responsibilities**
5. Team members **held accountable** to completing their responsibilities

# Why?



Prevent work from slipping through the cracks

# Why?



Avoid surprises....  
...and interruptions

# Pre-Visit Planning

## DM and CVD-related Alerts

Diabetes-related Alerts	CVD-related Alerts
Diabetes Eye Exam	Aspirin
Diabetes Foot Exam	Lipid-Lowering Therapy
Self-Management Plan	Self-Management Plan
Diabetes A1c	Statin Therapy
Diabetes Nephropathy Screening	BP
Diabetes/HTN LDL	Diabetes/HTN LDL
Elevated Glucose	Elevated BP

# Next Steps:

- Review Diabetes and Cardiovascular Disease Azara/CPCI Alerts and assign staff roles
- Team Based Care Series- Dec 10<sup>th</sup>, and Jan 2020
- Mid-Year Peer Learning Event - Jan 16<sup>th</sup>, 2020, Empire State Plaza, Albany NY



